

Sustainable Living Workshops



February/March 2009



Scraps to Soil

Saturday, 7 March
10.00 am to 12.30 pm

Let's take your kitchen peelings and turn them into good soil for the garden. We will be looking at worm farms and compost bins. Learn how to build your own and to get it started. Come and acquire the basic skills to making your own rich soil.

Cost: \$5/person



Paddock to Plot

Saturday, 14 March
10.00 am to 12.30 pm

Is your backyard filled with turf that you want to change to a vege garden? This will be a hands-on day creating a raised garden bed from an existing lawn. Come and learn how you can create a backyard Eden for growing food to cut down on buying expensive produce.

Cost: \$5/person



Preserving the Future

Saturday, 21 March
10.00 am to 2.00 pm

The autumn harvest is now in. How do you preserve those veges and fruits for winter eating? Learn jam making, bottling, and other methods of sealing the goodness from the garden. Cost includes materials.

Cost: \$20/person



From Rubbish to Mosaics

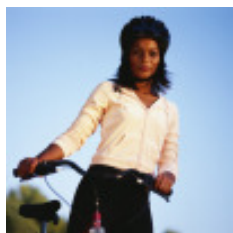
Saturday, 28 March
10.00 am to 2.00 pm

Discover the way of creating art out of broken tiles and brighten up the yard. And also learn about looking at rubbish differently. Much of it can be turned into art for the house, yard, and to give as gifts. This is a family event please feel free to bring one child (8 - 15 years) per each adult. Cost include materials.

Cost: \$15/person

Bicycling Workshops

February/March 2009



Cycle Skills for women

Saturday, 21 February
10.00 am to 4.00 pm

Want to learn effective ways to safely ride your bike in traffic? This short course covers the basic skills that will help you be more confident on the road. You must bring a working bike, a bicycle helmet, and a lunch.

If your bike is not in safe working condition you may be asked not to participate in the on-road session. This course is for women only.

Cost: \$10/person



Cycle Skills for all

Saturday, 28 February
10.00 am to 4.00 pm

Want to learn effective ways to safely ride your bike in traffic? This short course covers the basic skills that will help you be more confident on the road. Men and women are welcome to attend.

For course requirements please **Cycle Skills for women**, which is above.

Cost: \$10/person



Buying a bike & keeping it going

Wednesday, 4 March
7.00 pm to 9.00 pm

Do you want to bike to work, the shops, and just around town? You don't own a bike and not sure what to get? Or do you want to pull your old bike out of the shed and fix it up?

This course will discuss the basics of bikes, what to look for to suit your needs, basic road skills, and simple things to keep your bike happily functioning for years to come. Includes repairing flat tyres, lubrication, checking your cables.

This course is for women only.

Cost: \$6/person

Funding in part through the Walking and Cycling Micro-Fund.

Sustainable Living Workshops Enrolment Form

1. Name _____
Address _____
Phone (day) _____
Phone (eve) _____
E-mail _____

Where did you hear about these workshops?

2. Cycle Skills for women 21 Feb \$10
Cycle Skills for all 28 Feb \$10
Buying a bike & keeping it going 4 Mar \$6
Scraps to Soil 7 Mar \$5
Paddock to Plot 14 Mar \$5
Preserving the Future 21 Mar \$20
From Rubbish to Mosaics 28 Mar \$15

Payment enclosed for a total of \$ _____

I do not want further information following these workshops. .

3. Please return enrolment form and full payment to **Southland Education, 100 Esk Street, Invercargill 9810** or telephone (03) 218 8180, or email wea.south@extra.co.nz.
Please make cheques payable to **Southland Education**. All fees include GST.