



**Southland Education is proud to include workshop-based courses at Aurora College from 2010.**

**Courses held at Aurora College  
Regent Street Invercargill  
Term 3 2010**

<b>Scrapbooking</b>	Wed 28 July	7-9pm	Anna Crosswell	\$55	8 weeks
<b>Leadlighting</b>	Wed 28 July	7-9pm	Norris Johnstone	\$60	8 weeks
<b>Woodwork</b>	Wed 28 July	7-9pm	Lionel Benjamin	\$65	8 weeks
<b>Dressmaking</b>	Wed 28 July	7-9pm	Kay Erskine	\$55	8 weeks
<b>Japanese Cooking-Sushi</b>	Wed 28 July	7-8.30 pm	Keiko Komurasaki	\$35	2 weeks
<b>Japanese Cooking 2</b>	Wed 11 August	7-8.30 pm	Keiko Komurasaki	\$68	4 weeks
<b>Yoga</b>	Wed 28 July	5.30—6.30pm	Renee Slocombe	\$55	8 weeks
<b>Computing</b>	Wed 28 July	7-9pm	Stephen Copeland	\$55	8 weeks
<b>Introduction to Food Handling</b>	Wed 28 July	7-9pm	Gary Elford	\$70	8 weeks
<b>Scrapbooking</b>	Sun 22 August	1-7pm	Anna Crosswell	\$25	1 day only
<b>Leadlighting</b>	Sun 22 August	9-4	Norris Johnston	\$25 Plus materials	1 day only
<b>Floral Artists Spring Fling</b>	Sun 22 August	9.30—3pm	Sandra Brumby	\$25	1 day only

## **CONFIDENCE WITH COMPUTERS**

A hands-on introduction to computing for beginners using Windows

Using MS Word 2003 the course will cover:

Creating a document eg. Letter

Saving, Copying, moving and deleting text

Formatting text – bold, italics, underline, aligning etc

Page Set Up –Margins etc

Bullets and Numbering, Spell-check and Printing

This will lead to tables, envelopes and labels if time permits

No previous computer experience necessary

*Please bring: Pen and paper*

A set of headphones may be required -available from Dick Smith for \$10

Tutor: Stephen Copeland

## **INTRODUCTION TO FOOD HANDLING**

This course is designed as an entry level into further study in the area of food and hospitality or for people who already work in the food business. It will cover

- Maintaining effective hygiene when working with food
- Preparation, assembly and presentation of sandwiches
- Handling and maintaining knives in the commercial kitchen

This course is based on units within the NZQA framework and students who wish to, can be assessed to gain Level 2 credits.

*Please bring: Pen and paper*

Tutor: Gary Elford

## **FLORAL ARTISTS' SPRING FLING**

Sunday 22 August 2010 9.30am-3pm.

In the morning this course will concentrate on Line Designs: Crescent, vertical and Horizontal. The afternoon topics will be Garden treasures -a landscape design and a Country Pot.

***Materials to Bring: A letter from the tutor will be sent out to advise of what to bring which will include a completed flax design up to 1/2 metre tall, any style.***

Tutor—Sandra Brumby

## **SCRAPBOOKING**

Lots of fun, lots of exciting ideas, and a great way to grab some time-out while creating something special.

***Materials to Bring: 5-6 Photographs.***

***Some scrapbooking materials will be available to purchase in class***

Tutors- Anna Crosswell/Sonya Fleming

## JAPANESE COOKING

*Demonstration and tasting workshops showing you how to prepare tantalizing and healthy food for your family and friends. All Materials provided.*

### *Sushi Course for Beginners*

*Wednesday 28 July and Wednesday 4 August*

Week 1 : Introducing Sushi

Week 2 : Party Sushi and Variations

### *Japanese Cooking 2*

*Wednesday 11 August - Wednesday 6 September*

Week 1 : Marinated Fish

Week 2 : Boiled Pork

Week 3 : Tofu Recipes/Miso soup, Lasagne, Mabo-tofu

Week 4 : Japanese Barbecue

Tutor—Keiko Komurasaki

## WOODWORK

Anything is possible – no experience necessary, just come along and learn as you go.

### **Materials to Bring:**

***On the first night the tutor will discuss your chosen project and detail materials for you to bring.***

Tutor—Lionel Benjamin

## DRESSMAKING FOR BEGINNERS

Keen to get the sewing machine going again to sew for little ones or your self? If you want to brush up on forgotten skills, or have never sewn before, this is the course for you.

### **Materials to Bring:**

***Please enrol early to allow your tutor time to phone you to discuss your project.***

***Students must provide a commercial pattern***

Tutor—Kay Erskine

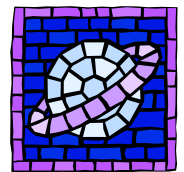
## LEADLIGHTING

Ever wanted to make a stunning feature for your house – window, door, mirror – or just learn something new?

### **Materials to Bring:**

***Materials are provided for the first night. From then the tutor will discuss what you need to bring for your specific project.***

Tutor—Norris Johnston



## YOGA

**Learn the art of relaxation for a healthier you.**

Perform and practice a variety of postures

**Learn the art of relaxation for a healthier you.**

- Perform and practice a variety of postures
- Develop breathing control
- Improve flexibility

**Materials to bring:** *Comfortable clothing. Mat and Blanket*

Tutor | Renee Slocombe

**WHERE CLASSES ARE FULL NAMES ARE TAKEN FOR A WAITING LIST IN  
CASE OF CANCELLATION**

**Please complete enrolment form and post in with payment to  
Southland Education, WEA Building  
100 Esk Street, Invercargill 9810**

**SOUTHLAND EDUCATION ENROLMENT FORM**

**NAME** \_\_\_\_\_

**ADDRESS** \_\_\_\_\_

\_\_\_\_\_ **POST CODE** \_\_\_\_\_

**PHONE** \_\_\_\_\_ **fax** \_\_\_\_\_

**e-MAIL** \_\_\_\_\_

**Course/s** \_\_\_\_\_

**Date/Time** \_\_\_\_\_

**Payment Enclosed** \_\_\_\_\_

***Southland Education is generously supported by  
Community Trust of Southland,  
TEC, FWEA, NZ Lottery Grants Board,  
ILT Foundation, SBS, ICC.***